



# FREE TOWN HALL EVENT: FOOD ACCESS FOR A LIFETIME

**MON., OCT. 20TH  
2:00 – 3:00 P.M.  
OLD TRAIN DEPOT**

**116 W. Springfield St.  
St. James, MO 65559**

For older adults, good nutrition is key to continuing to live an independent and healthy life, but with rising food costs, many older Missourians are finding it harder to make ends meet. The good news? There are resources and programs available to help.

**Attend our upcoming Town Hall event to learn about:**

- State and federal programs like SNAP
- What programs you may qualify for
- How to help influence policy change to end hunger

**Scan the QR code or visit the URL below to RSVP:**



**REFRESHMENTS  
PROVIDED.  
ALL ARE WELCOME!**