



PURPOSE

Empower Missouri is seeking a Food Security Intern or Practicum Student to support our advocacy work aimed at increasing food security for Missourians. Interns and practicum students will contribute to policy research, testimony development, coalition-building, data analysis, and public education efforts. This is a valuable opportunity for individuals interested in public policy, community engagement, and food justice.

ESSENTIAL DUTIES & RESPONSIBILITIES

- Engage with community members and advocates around food security issues and recruit them into the Food Security Coalition.
 - Write policy briefs on food security issues as assigned.
 - Assist with policy research on other anti-poverty priority issues as needed.
 - Submit testimony in the Missouri State Capitol as needed.
 - Monitor legislation and track movement of food-related bills.
 - Track and share the hearing schedule of the Missouri House and Senate with partner organizations.
 - Take notes and prepare reports on Capitol activities as assigned.
 - Create fact sheets and informational handouts on key food security issues.
 - Take notes and assist with follow-up tasks for Food Security Coalition meetings.
 - Attend meetings and events related to food security advocacy.
 - Offer suggestions for improving the internship/practicum experience for future participants.
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REQUIREMENTS

- Basic understanding of food security.
- A commitment to food security + [Empower Missouri's mission and values](#).

- Effective written and oral communication skills.
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Time Commitment

- 15 hours per week (flexible schedule).
 - Availability for some meetings between 9:00 a.m. – 5:00 p.m., Monday through Friday.
 - This is a remote position open to candidates located in Missouri, with occasional travel to support in-person events or advocacy efforts in Mid-Missouri and the state capitol.
 - We are happy to work with students to ensure this role fulfills practicum or field education requirements for academic credit.
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Compensation

- \$13.50/hour
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REPORTS TO

- Food Security Policy Manager
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HOW TO APPLY

We'd love to hear from you! Please send your resume and a brief cover letter to jobs@empowermissouri.org. Be sure to include "Food Security Intern or Practicum Student" in the subject line.

Applications are due by **December 5, 2025**. The internship will run from January 2026 through May 2026.