



# FREE TOWN HALL EVENT: FOOD ACCESS FOR A LIFETIME

**THURS., AUG. 21ST, 12-1 PM**  
**RIECHMANN INDOOR**  
**PAVILION,**

2300 E Walnut St,  
Columbia, MO 65201

For older adults, good nutrition is key to continuing to live an independent and healthy life, but with rising food costs, many older Missourians are finding it harder to make ends meet. The good news? There are resources and programs available to help.

## Attend our upcoming Town Hall event to learn about:

- State and federal programs like SNAP
- What programs you may qualify for
- How to help influence policy change to end hunger

Use the link or scan the QR code to RSVP:

[EmpowerMissouri.org/COMO-Food](https://EmpowerMissouri.org/COMO-Food)



**LUNCH PROVIDED.**  
**ALL ARE WELCOME!**